



Strengthening family and church community connections during the journey of Great Lent

Family Wellness Ministry Lenten God-parent Project:

Work side by side your Sunday School to sign up students and families to get involved in the LENTEN GOD-PARENT PROJECT

Purpose:

- Build relationships within your church community
- Encourage spiritual growth of families during Great Lent

FWM Team and Sunday School leaders work together to pair interested children and adults together. Parents sign up to participate.

‘Lenten God-parents’ commit to:

1. Attend Forgiveness Vespers at the Start of Great Lent

Our Family Wellness Ministry will coordinate a dessert potluck and opportunity for “Lenten God-parents” to get to know their “Lenten God-child” with a family fellowship.

(Date: _____)

2. Write a weekly note of encouragement to their “Lenten God-Child”

3. Pray daily for their Lenten-Godchild

4. Attend Holy Unction Service together on Wed. of Holy Week

Optional: We encourage families to attend at least one weekday service together and join us for a Lenten community meal coordinated between families.

Journey to Pascha:

The Journey to Pascha is a wonderful program shared by St. Spyridon Greek Orthodox Church in Loveland, CO. It was created to encourage family participation throughout Great Lent. Your Family Wellness Ministry and Sunday School can order Pascha Passports and materials through the Lenten Embassy site. <https://lenten-embassy.myshopify.com>





Family Wellness Ministry Lenten God-Parent Project

“Face to Face ~ Heart to Heart”

This year, we are introducing a new program to encourage families to participate and connect with other families during Great Lent

We invite you to become a “Lenten God-parent” to encourage a child in our parish to grow in Christ throughout the Journey of Great Lent.

The Purpose of the Lenten God-parent Project:

- Build relationships within our church community
- Encourage spiritual growth of families during Great Lent

Our Family Wellness Ministry team is partnering with our Sunday School leaders to pair interested children and adults together. Parents simply sign up to participate.

‘Lenten God-parents’ commit to:

1. **Attend Forgiveness Vespers** at the Start of Great Lent
Our Family Wellness Ministry will coordinate a dessert potluck and opportunity for “Lenten God-parents” to get to know your “Lenten God-child” with a family fellowship. (_____)
2. **Write a weekly note of encouragement** to your “Lenten God-Child”
3. **Pray daily for your “Lenten God-Child”**
4. **Attend Holy Unction Service together** on Wed. of Holy Week

Optional: We encourage families to attend at least one weekday service together and join us for a Lenten community meal coordinated between families.

Family Wellness Ministry Lenten God-Parent Program

Yes! Our family would like to participate in the Lenten God-parent Program:

Adult Name: _____

Email: _____ Cell: _____

Adult Name: _____

Email: _____ Cell: _____

Our Mailing Address:

Street Address

City

Zip

Children interested in participating *(First and Last Name)*

_____ Age: _____

_____ Age: _____

_____ Age: _____

_____ Age: _____

_____ Age: _____

