

MOVE FROM CRISIS TO CHRIST-LIKENESS

WHAT TO DO DURING A TIME OF UNCERTAINTY



BE HOPEFUL

You are my refuge and my shield; I have put my hope in your word. - Psalm 119:114

Take time to assess what you **know** to be true and **don't fantasize** about what may or may not happen in the future.



REMEMBER GOD'S LOVE

I trust in God's unfailing love for ever and ever. - Psalm 52:8

God's unfailing, unconditional love endures forever and will sustain us regardless of what may be happening in the world.



BE PATIENT

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. - Colossians 3:12

Don't **react** to the uncertainties of the situation but **act** with compassion, kindness, and patience as a situation develops.



STAY CONNECTED

Therefore encourage one another and build each other up... - 1 Thessalonians 5:11

If you can't visit, take time to call your loved ones and neighbors to check on them and show you care for them.



PRAY

Be anxious for nothing, but in everything, by prayer and supplication, with thanksgiving, let your requests be made known to God. - Philippians 4:6

Seek out God through prayer and trust in His sovereignty. Pray for one another because Jesus Christ commanded us to do so. By praying for others we are imitating Christ.



HELP

Bear one another's burdens, and so fulfill the law of Christ. - Galatians 6:2

When possible, help someone in need. Consider picking up groceries for a shut-in or making food for a family in need.

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