Journey to Pascha

The activity and craft guide for families during Holy Week and Pascha

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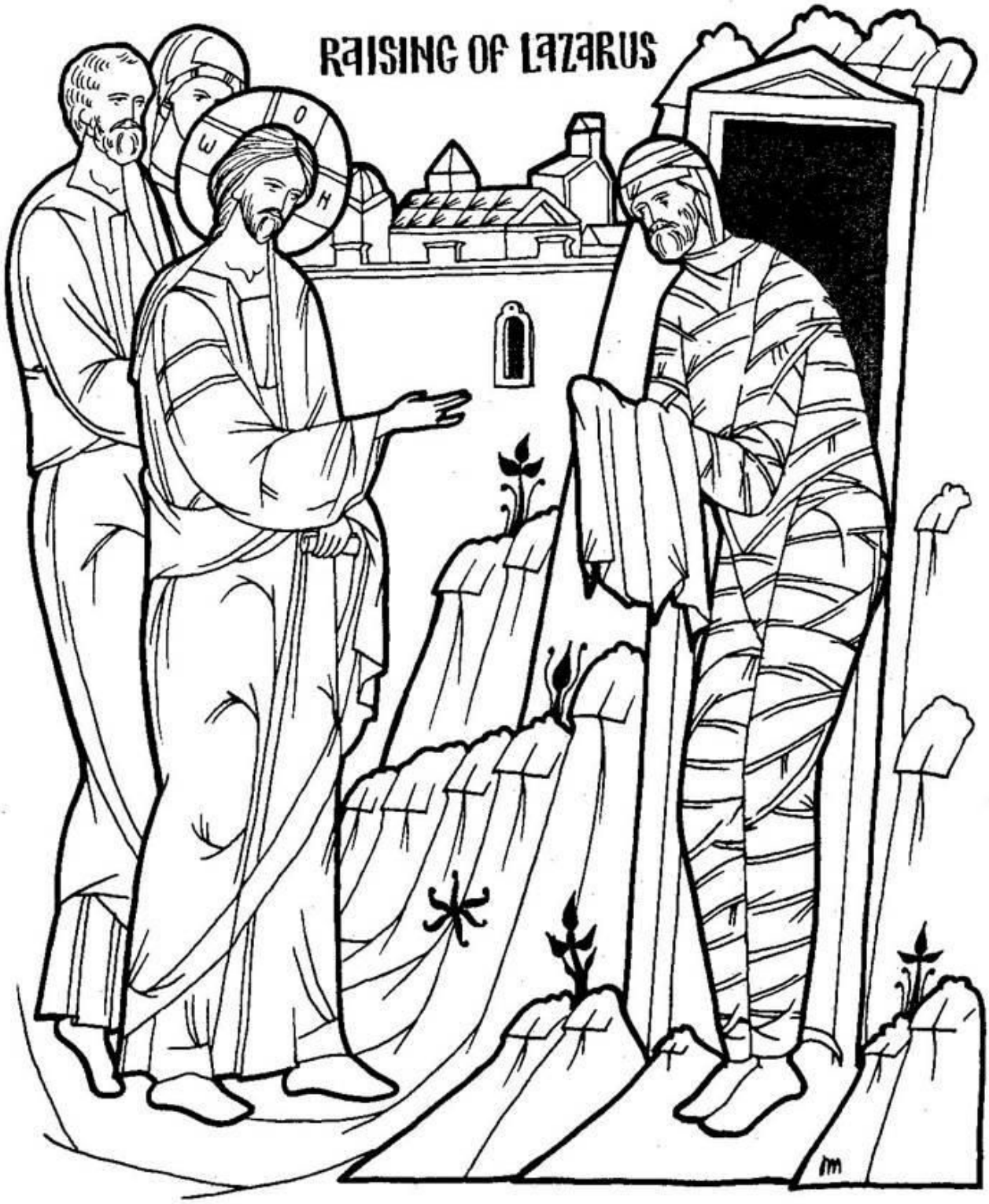
RAISING OF LAZARUS
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Lazarákia Cookies

Lazarákia ("Little Lazaruses") are small, sweet spice breads, made on Lazarus Saturday. They are eaten to celebrate the miracle of Jesus raising Lazarus from the dead. They are shaped like a man wrapped in a shroud, St. Lazarus of Bethany, and use cloves for eyes.

Ingredients:

- 4 ½ tsp. yeast
- 12-14 cups all purpose flour.
- 1 ½ cups sugar
- 3 tsp. salt
- 2 ½ to 3 cups lukewarm water
- 1/2 cup vegetable oil
- 1 tsp. Cinnamon
- 1 tsp. mahlepi
- 1/2 tsp mastiha powder
- sesame seeds
- whole cloves for the eyes & mouth
- olive oil for brushing

Directions:

Preheat oven to 350 degrees. Dissolve yeast in ½ cup of the 2 ½ – 3 cups lukewarm water. Add sugar and salt and stire well. Add remaining water, oil cinnamon, mahlepi, masticha and 6 cups flour and stir the mixture until creamy. Slowly add enough of remaining flour to make a medium not sticky dough.

Divide dough into however many Lazarakia you'd like and roll into logs. Cut slits for arms and legs. Cross arms across chest. Place the cloves making them look like eyes and mouth. Place on slightly greased cookie sheets, sprinkle with sesame seeds, cover with towel and let rise for about an hour or until almost doubled in size.

Bake Lazarakia for 20-30 minutes or until golden. When ready brush Lazarakia with some Olive oil.

Paint Holy Week Dolls

Use wooden peg dolls and paint them to resemble all of the characters in Holy Week. If you have the supplies, the whole set is Christ, the Apostle John, a soldier, the Theotokos, Mary Magdalene and an Angel. Look at the pictures below for inspiration on how to paint your peg dolls!

PALM SUNDAY

Jesus is welcomed into Jerusalem by a very large crowd, who proclaim him to be the Messiah. They shout "Hosannah in the Highest!" and lay palms before him, as though he were a king.

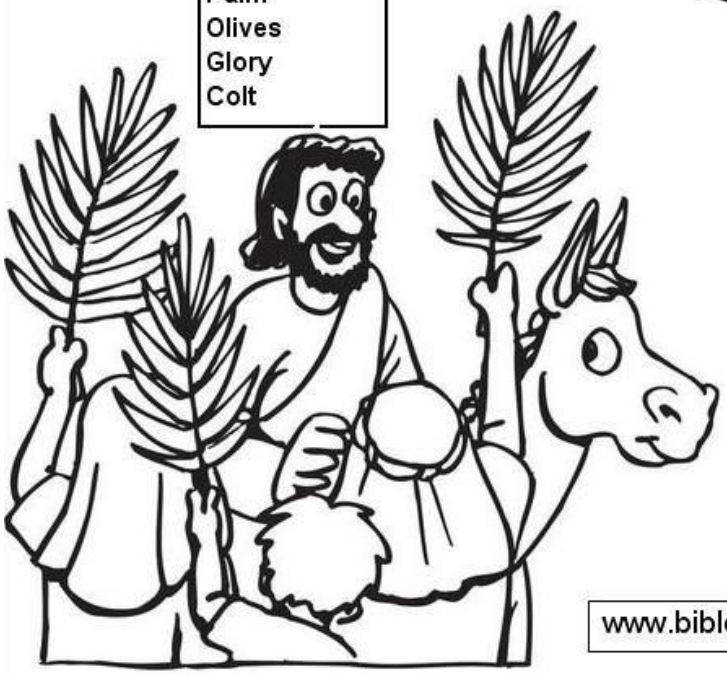
Palm Sunday

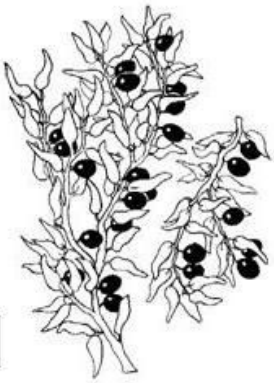
Find the Hidden Word

O	L	I	V	E	S									
O	P	E	R	A	D	D								
	G	L	O	R	Y	I	I		J					
		N	U	N	Z	V	I		E	O				
			R	G	A	O	R		S	U				
A	C	D		B	D	Y	N	U	O		P	L		
U	M	A	S	T	E	R	S	N			A	I		
		V	F	D	K	E	E	R			L			
		R	T	N	Q	G	V	B	M		N	L		
		H	O	S	A	N	N	A			S	D		
V			D	S	L	Q	U	P			M	P		
B	S	D		F	L	S	T	P	Z	E	A			
D	I	S	C	I	P	L	E	S	L					
		G	H	V	C	M	O	V	A					
D	I	S	C	E	P	O	P	I	S					
	C	L	O	A	K	S	L	P	U					
		P	A	S	Q	E	T	R	M					
						L	N	E	K					
				R	O	A	D	J						

Word Bank

- Jerusalem
- Disciples
- Village
- Donkey
- Master
- Jesus
- Cloaks
- People
- Road
- Hosanna
- David
- Palm
- Olives
- Glory
- Colt





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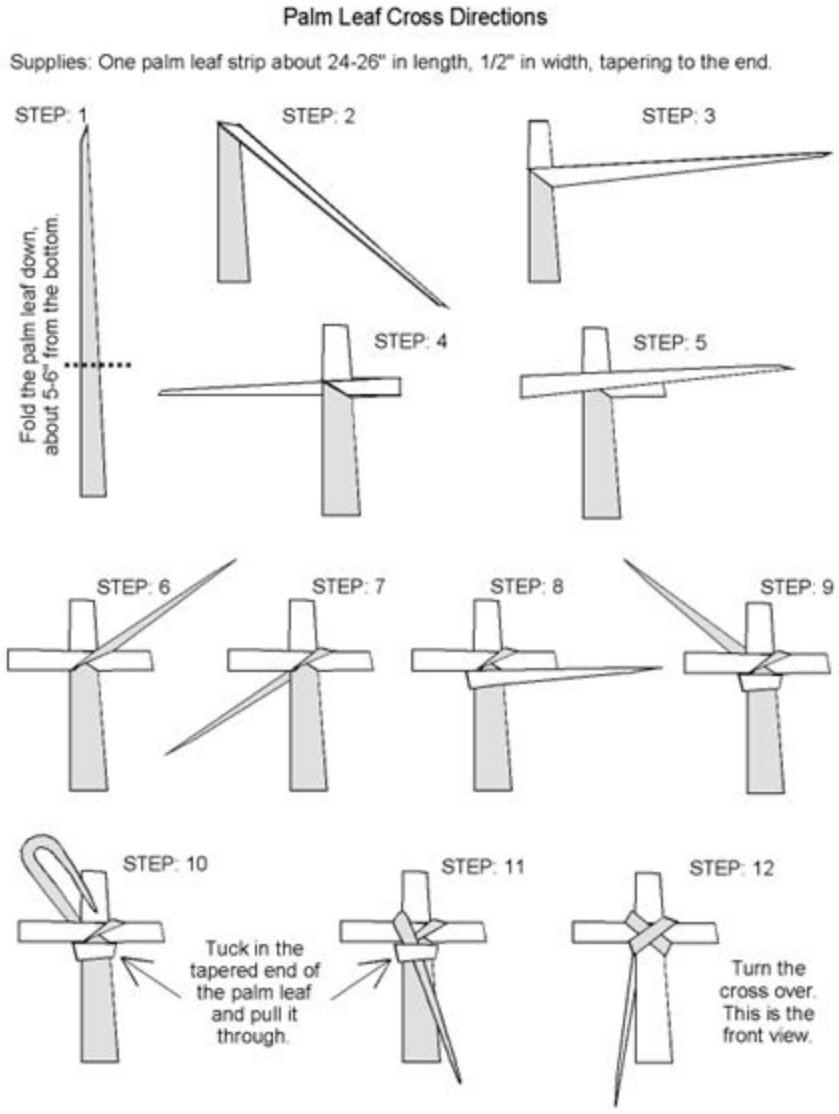
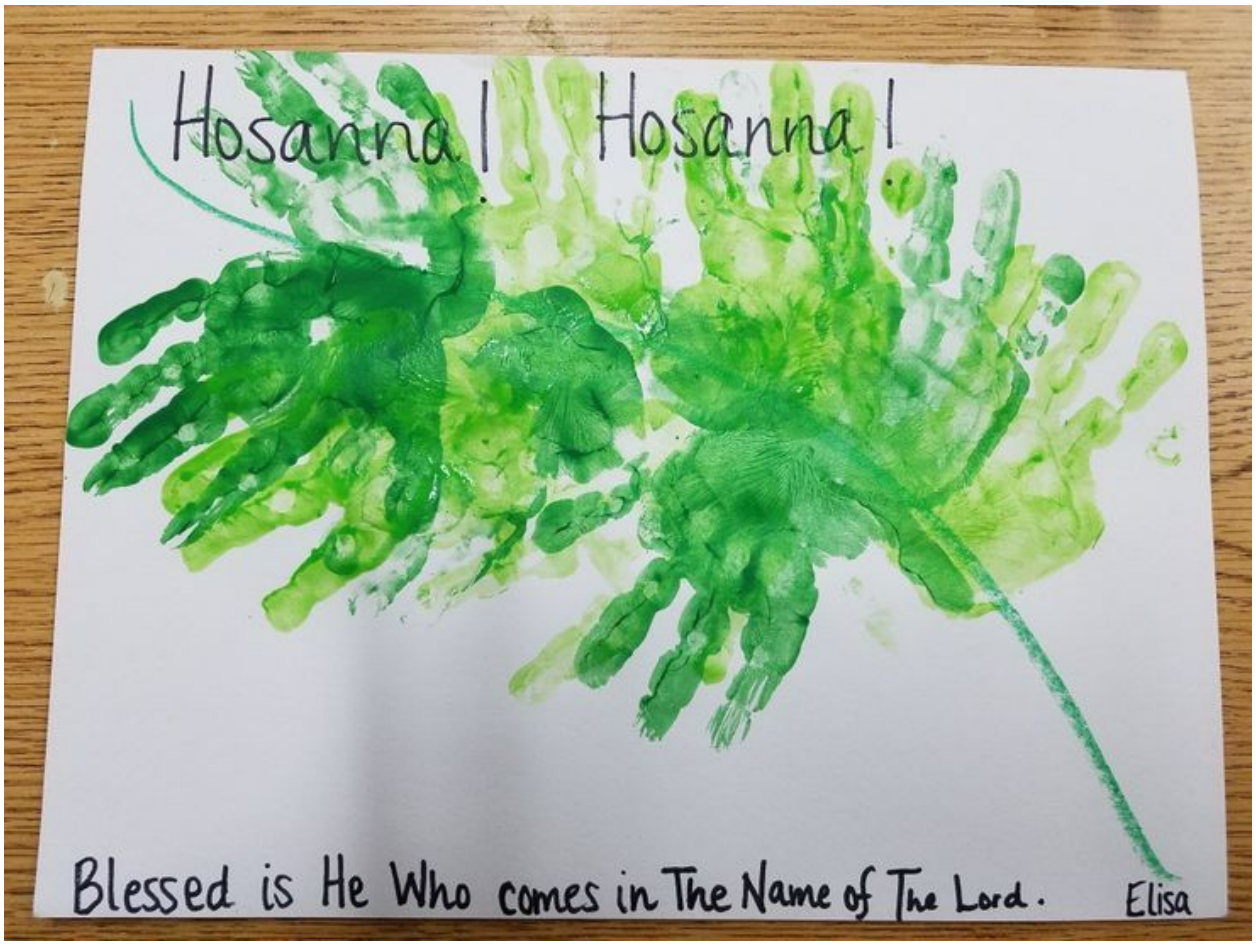
Make a Palm Cross

Get creative and find a material you can make these crosses with. Some ideas include using a blade of grass and using green construction paper.

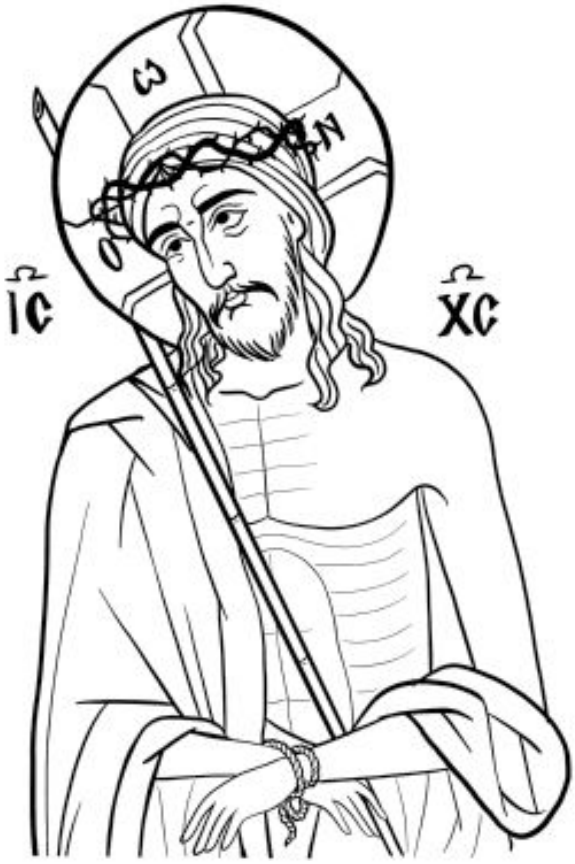


Make a Handprint Palm

Using washable green paint, make your very own palms.



THE BRIDEGROOM

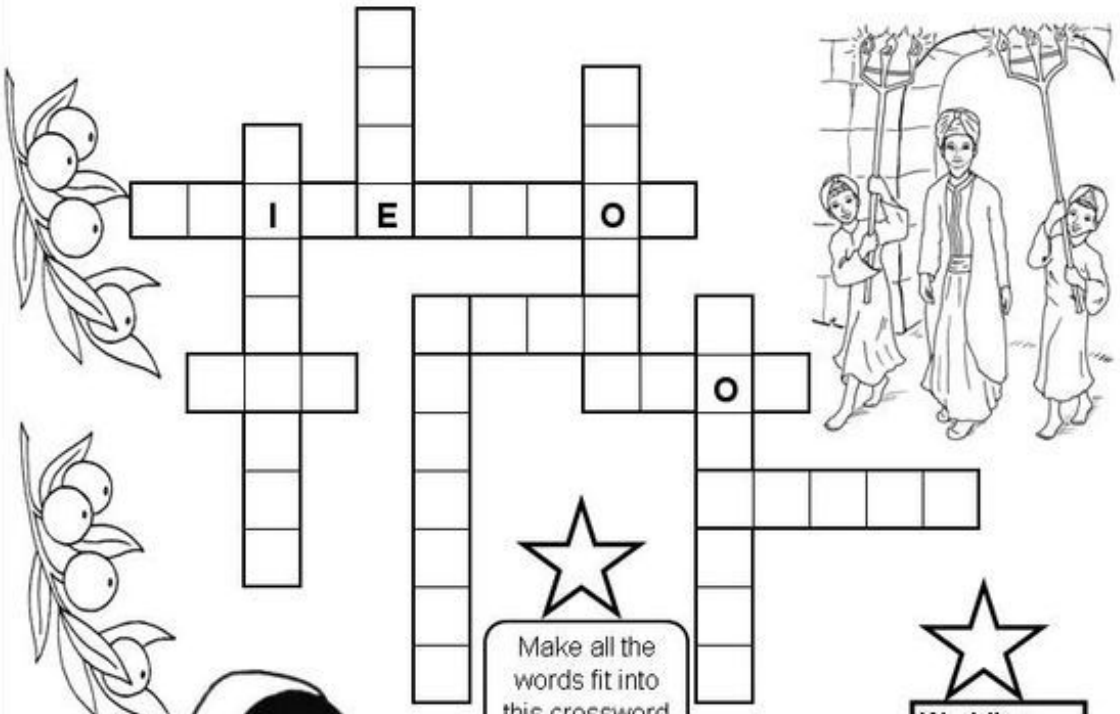


Jesus taught us to be ready for Him to come to us at any time, and He used the image of a "bridegroom" to help us. Jesus comes to us, not dressed up for a wedding, but bound and mocked.

THE ANOINTING

A woman who had sinned fell down in front of Jesus, and she washed his feet with her tears and her hair. She brought expensive annointing oils for his feet. She loved Him and wanted to show how much He meant to her.

The Parable of Ten Virgins



Make all the words fit into this crossword

Wedding
Lamps
Five
Foolish
Wise
Oil
Bridegroom
Door
Closed
Midnight

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The Parable of the Talents

Utilize your talents and make these beautiful flower cards to send to someone you love.

Supplies needed:
Colored paper
Scissors
Glue

Instructions:
Fold and cut a piece of paper so that it resembles a greeting card. Next, trace your hand on a piece of colored paper and cut out the tracing. Draw and cut out the stem and leaves with green paper. Glue and assemble the card.

Holy Wednesday

Prosphora Recipe

Prosphora is traditionally made in the homes of the faithful on Holy Wednesday in preparation for Thursday's Liturgy of St. Basil, at which the institution of the Holy Eucharist is commemorated.

Ingredients:
*4 C all-purpose flour
* 1 tsp. salt
*1 package dry yeast (2 ¼ tsp.)
*1 ½ C very warm water (more or less, as needed)

Directions:
Mix dry ingredients together. Add water slowly, mixing well until a dough is formed. If using a kitchen aid, mix with a dough hook for about 8 minutes. If kneading by hand, knead for 20 minutes. Add flour or water as needed to form a soft dough. The consistency should be such that the dough does not stick to the sides of the bowl.
Place the dough onto a floured surface, knead and form into a ball. Place in a bowl, cover with a clean cloth and let it rise until double in size ~ 30 minutes.
Once the dough has risen, punch down and let it rest for a few minutes. Pinch off ~ 1/3 of the dough. Knead, popping air bubbles with a toothpick, then form into a ball with a very smooth surface. Thoroughly flour a prosphora seal and press it firmly into the dough. Repeat this process for the remaining dough.
Allow each loaf to set for at least 10 minutes. Bake in a preheated oven at 350 degrees for ~ 1 hour. When it is done, immediately remove from the pan and let it cool on a rack.

THE MYSTICAL SUPPER

Jesus teaches his disciples about the Holy Eucharist, the new covenant between God and mankind. John, who loved Jesus, rests against His chest, while Judas hurries away to betray his friend.

Bible Pathway Adventures

WORD SEARCH

THE LAST SUPPER

L Z R G R F S S R B D O Q L U I X W E L
Y U V Q C X X I I U D B R C N N A D F A
M I U L V X D G P K A E Q H L D Z M Y M
F C W K J B L O O D D C F R E M G O E B
H C O V E N A N T K I T H G A V U U S K
J P Y M I D N K M D S P A D V X S N H V
B E A W M S V X X Z C Y W N E A P T U N
U N R S H A D O M L I G S V N C S O A A
S L O U S A N J X Y P H E E E Z A F C B
T I S Y S O U D K F L D I E D I L O X Z
X W U A D A V J M H E K J R B R M L N V
A G P T X O L E I E S B A T R Z D I K U
R I Q Y I X H E R P N E K A E T V V S M
N R H B H N B E M I E T C A A H O E F F
G F B J Q W E I O Y T R U I D P D S I P
V Z S T J J U D A S P A P U Q O X C I L
E B Y F A T H E R O T Y J T Q C L H F L
N P A L I C X N V F E A K H O I L A W R
P B O D Y R W T Z O C L W A Q S B P F Q
F J P J A I O T O B R E A D S B B L M Q

PASSOVER
LAMB
RUACH
BLOOD
BREAD
MOUNT OF OLIVES
BETRAYAL
PSALM
COMMANDMENT
BODY
JUDAS
CUP
JERUSALEM
FATHER
DISCIPLES
COVENANT
YESHUA
UNLEAVENED BREAD

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Dying Red Eggs

Today we begin making preparations for Pascha. The tradition of the red eggs comes the story of Mary Magdalene and her visit to the Emperor of Rome following the Resurrection. To announce her visit, Mary greeted him with “Christ has risen,” whereupon he pointed to an egg on his table and stated, “Christ has no more risen than that egg is red.” After making this statement it is said the egg immediately turned blood red

Ingredients:

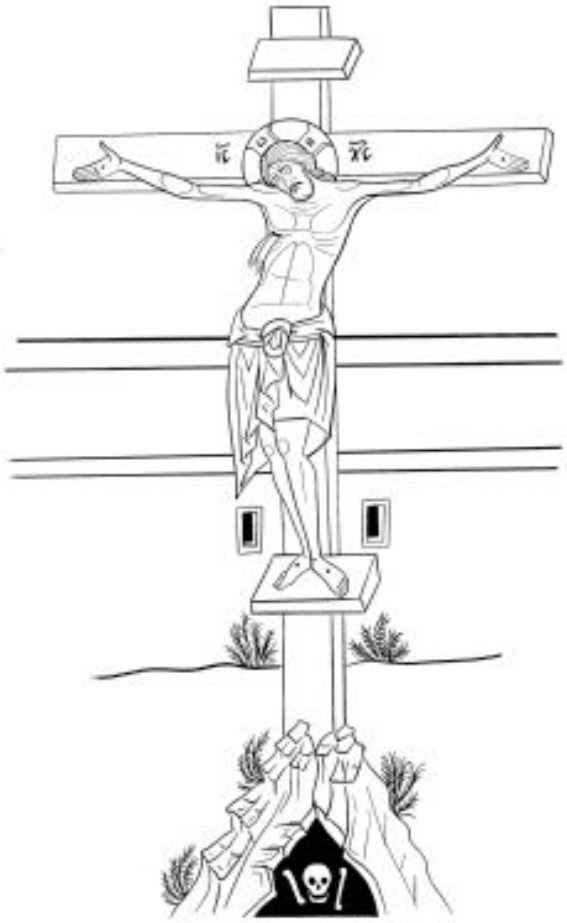
- 12 hard-boiled eggs
- 1 tsp vinegar
- ½ cup boiling water
- 25 drops red food coloring
- Cooling rack

Directions:

Hard boil the eggs and allow them to cool completely. In a glass bowl, mix hot water, vinegar and food coloring. Place 2-3 eggs in the glass bowl and use a metal spoon to scoop the red liquid onto the eggs, turning to make sure color evenly coats the eggs. This may take between 2-5 minutes to fully dye the eggs. Place the dyed eggs on a cooling rack to drain. Repeat with the remaining hard-boiled eggs. Place in the refrigerator and save for Sunday!

Holy Friday

THE CRUCIFIXION



Jesus is taken outside of the city, where he is executed like a criminal. The place is called "Golgotha" which means "the place of the skull"

Make Salt Dough Cross Ornaments

Ingredients:
2 cups plain flour
½ cup salt
1 TBS oil
1 cup water
Food coloring

To Decorate:
Beads
Shells
buttons
Sequins
Ribbon or string to hang

Directions:

Preheat oven to 250 F and line two baking trays with wax paper. Mix ingredients together, stirring mixture until combined. Knead and divide into three balls. Add a few drops of food coloring to each ball and knead until the color is evenly distributed. Roll dough out into a thickness of ¼ - ½ inch and use a cross template and knife to cut out the shape.

Use a skewer to make a hole at the top of each cross if you want to be able to hang them. Place the crosses on the trays and bake for 2.5 hours until they are dry and hard. Decorate once the crosses are cooled.

Make a Pascha Candle

Using a wick and a thin sheet of beeswax, place the wick on the edge of the beeswax and gently press the wick into the beeswax. Then, begin rolling the beeswax around the wick, straight and slow.

Finish by decorating your candle for Pascha!

Holy Saturday

Color Bay Leaves

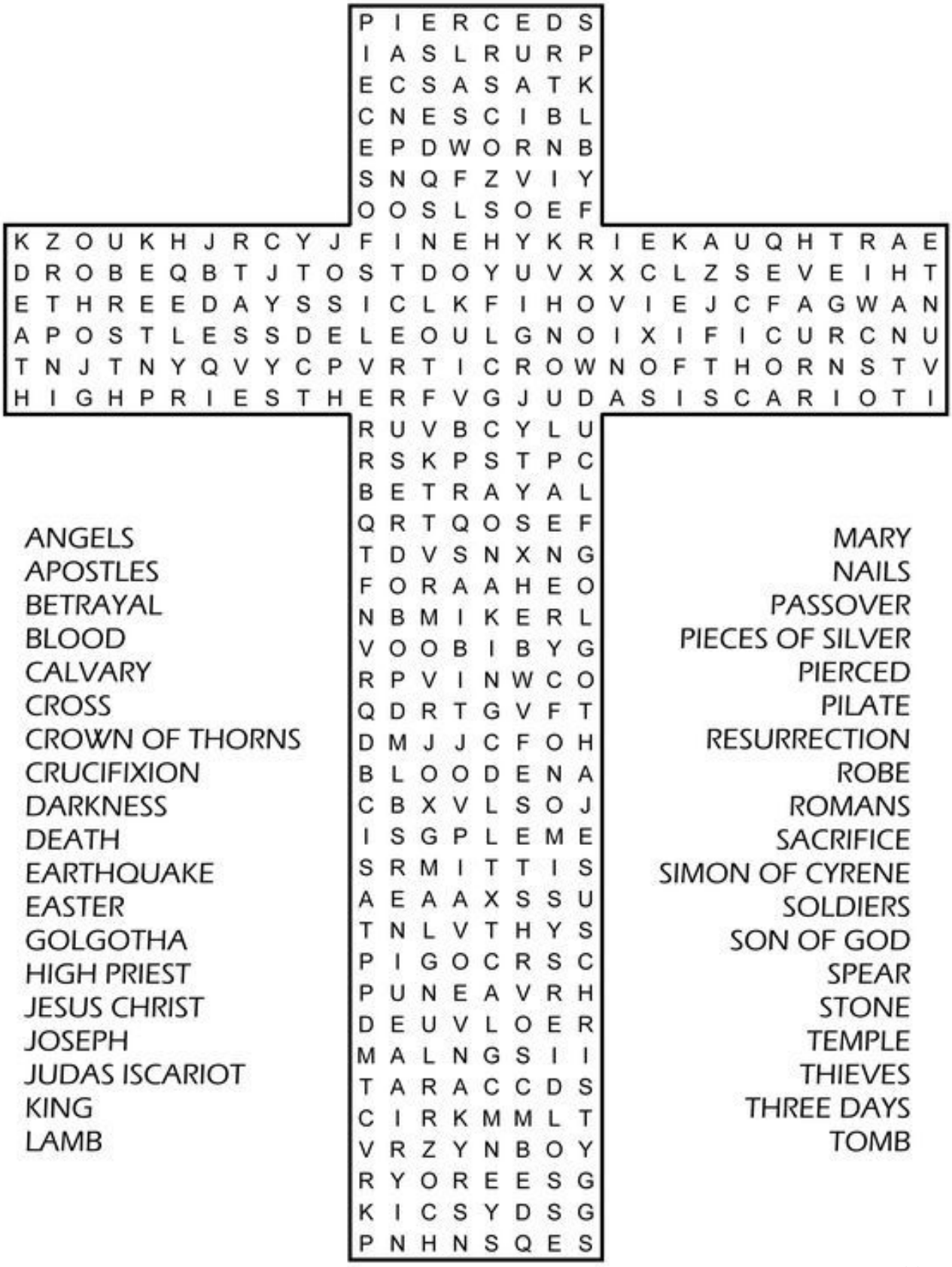
Color these Bay leaves for Holy Saturday! Cut them out and place them around your home while the priest sprinkles them at Church.

Make a Pascha Basket

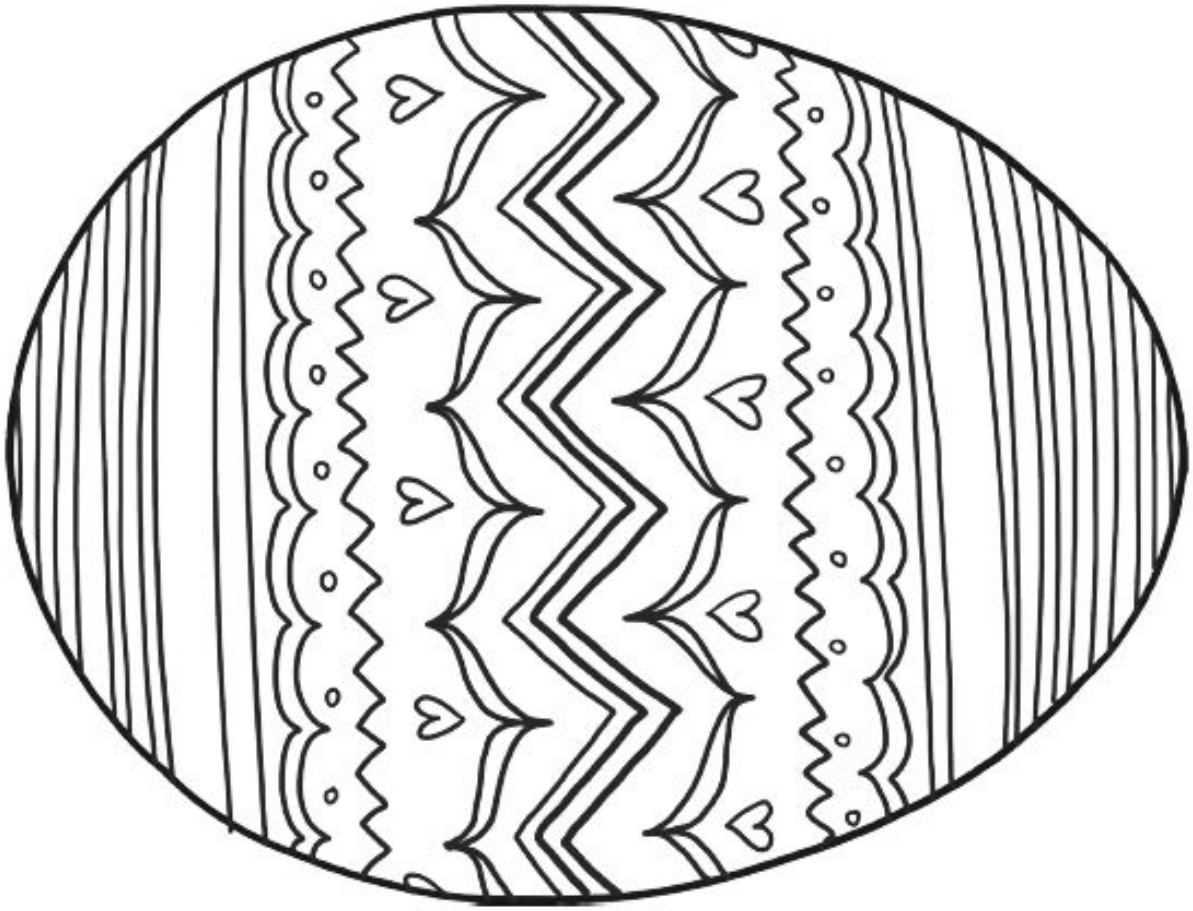
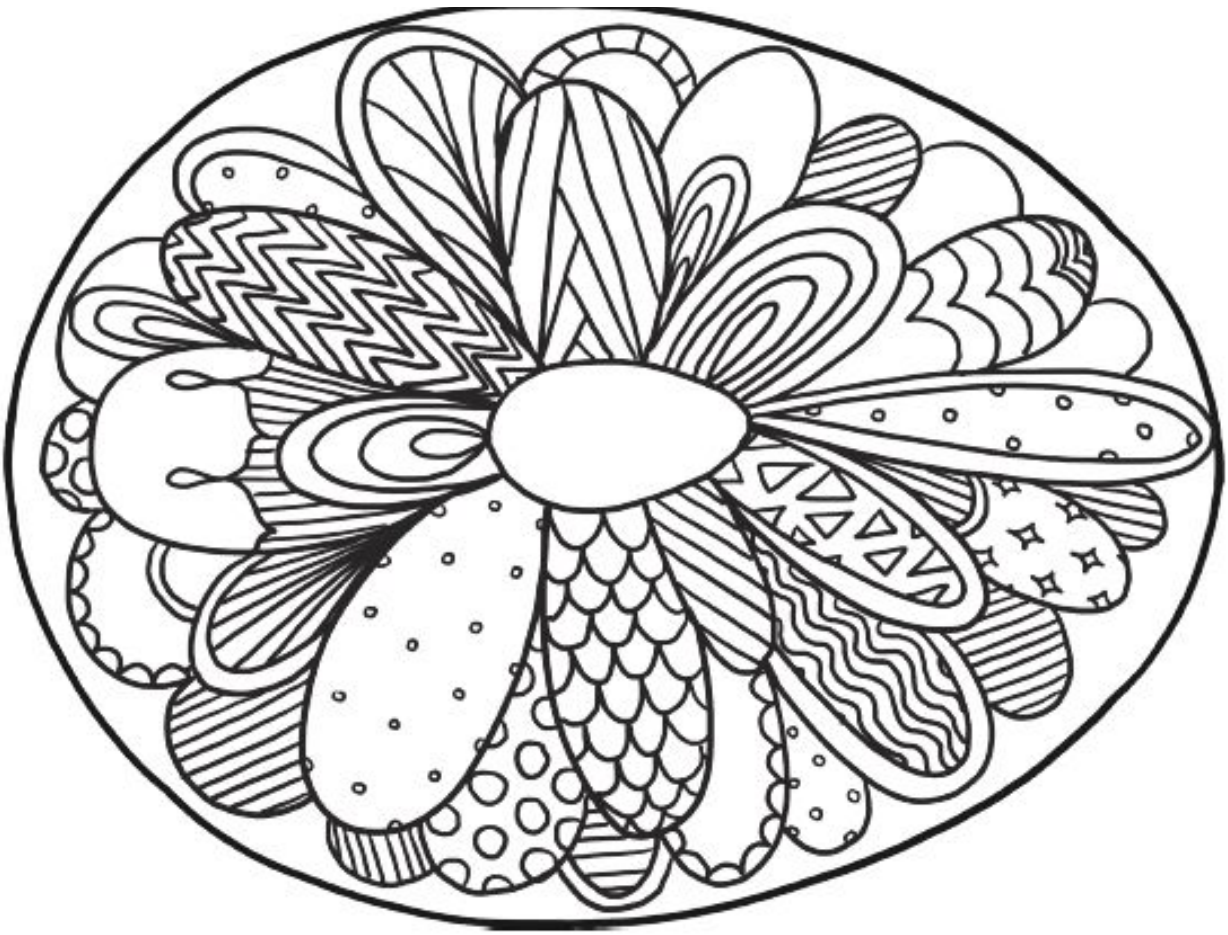
THE RESURRECTION

Having died on the cross, Jesus enters the realm of death. Because He is God, this pit cannot hold him. Shattering its doors, Binding death as a prisoner, and trampling on him, Jesus takes Adam and Eve by their wrists and brings them back to life, with Him.

Easter Word Search



ANGELS
APOSTLES
BETRAYAL
BLOOD
CALVARY
CROSS
CROWN OF THORNS
CRUCIFIXION
DARKNESS
DEATH
EARTHQUAKE
EASTER
GOLGOTHA
HIGH PRIEST
JESUS CHRIST
JOSEPH
JUDAS ISCARIOT
KING
LAMB

MARY
NAILS
PASSOVER
PIECES OF SILVER
PIERCED
PILATE
RESURRECTION
ROBE
ROMANS
SACRIFICE
SIMON OF CYRENE
SOLDIERS
SON OF GOD
SPEAR
STONE
TEMPLE
THIEVES
THREE DAYS
TOMB

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