



YOUTH &  
YOUNG ADULT  
MINISTRIES



## A Prayer for Parenting

*By Fr. Timothy Pavlatos*

O Lord our God, we thank You for the blessing of our children, gifts which You have bestowed upon us. Help us with the holy work entrusted to us in raising and nurturing them. Many people brought their children to You so that You would lay Your divine hands on them, and bless them, but Your disciples rebuked those who brought them. When you saw this, You became angry and said, *‘Let the children come and do not forbid them! For the Kingdom of God belongs to such as these’* (cf. Mk. 10:13-16). We too bring before You our children and ask Your blessings upon them. Grant that we may not hinder them in any way, but rather help them to know Your love and great mercy through us.

Grant us wisdom, patience, love, self-awareness and courage to lead them to You. Help us to tune in to the very heartbeat of their lives, communicating through our words and actions that they are precious and worthy of our time and attention. Grant that we may listen and understand our children’s inner world in ways most meaningful and helpful to them.

May they experience Your love through us, and may they follow You all the days of their life, for to You belong all glory, honor and worship, now and forever and to the ages of ages. Amen.